2017 Canteen Menu

Lunch Ordering Information
♦ Please place lunch orders in the classroom lunch order crate (or Ark office, for secondary students) at 8:45am each morning.
♦ Please write name & class/home group clearly on the lunch bag.
♦ When an order is placed from the daily specials (page 2) but ordered on the wrong day, your child will be notified and the order will be changed.
♦ Late lunch orders will be filled either with the correct order or closest available on the day.
♦ If there is insufficient money in the lunch bag, the order will be adjusted accordingly.
♦ Lunch bags can be ordered and paid for on your lunch order (packs of 10 for 50 cents & 20 for $1.00). Lunch orders do not fit on a piece of paper or in an envelope. Please add 10 cents to cover the cost of a bag if you send an order on a piece of paper. Due to health regulations we cannot send orders in the lunch box without a bag (due to unsafe food practices).
♦ Food brought from home cannot be reheated in the canteen due to health regulations.
♦ No pre-ordering of frozen items on lunch bags please. If frozen items are ordered on the lunch bag the order will be crossed off and the money will be returned in the lunch order bag. (Please bring money to the window to buy frozen items).

Volunteers
♦ If you are interested in helping out in the canteen on a regular or irregular basis please call into the canteen and place your name in the diary. If you are unable to call in, please phone the office.

Recess & Lunch Over the Counter Sales
♦ A selection of yummy delights are on offer over the counter on a daily basis. The selection will change daily depending on the day/weather and availability of stock etc. These items cannot be ordered on lunch bags.
♦ Frozen items are only sold at lunch time between 1:00-1:30pm. Prices will range from $1 to $2. Selections will range from ice-cream, frozen cups and frozen yoghurts. Varieties and flavours depend on availability. These items cannot be ordered on lunch bags.
## Daily Specials

### Monday
- Party Pie $1.50
- Sausage Roll $3.00
- Meat Pie $3.50
- Potato Pie $4.00
- Vegetarian Pasty $3.50

*No Charge for Sauce - if you would like sauce, please indicate on your order*

### Tuesday
- Creamy Chicken & Bacon Penne (Made Fresh Daily) $4.50
- Baked Potato w/ Butter & Cheese $3.00
- Baked Potato w/ the Lot (Bacon, Beetroot, Pineapple & Sour Cream) $4.50
- Baked Potato w/ Chicken & Cheese $4.50
- Baked Potato w/ Bolognaise $4.50

### Wednesday
- Hot Dogs (Rolls from Bakers Delight) $3.00
- Extra Topping - Cheese Add 20c
- Lasagne & Salad $5.00

### Thursday
- Butter Chicken & Rice $4.50
- Wedges (Small Serve)* $3.00
- Wedges (Large Serve)* $4.00

*With Sweet Chilli & Sour Cream, Tomato Sauce or BBQ Sauce - please specify choice on order*

### Friday
- Party Pie $1.50
- Sausage Roll $3.00
- Meat Pie $3.50
- Potato Pie $4.00
- Vegetarian Pasty $3.50

*No Charge for Sauce - if you would like sauce, please indicate on your order*
Hot Food Available Every Day

Chicken Burger in Roll or Chicken Tender in Wrap
Plain w Choice of Sauce (Mayonnaise, Tomato, BBQ, or Sweet Chilli) $3.50
Salad (Lettuce, Carrot, Tomato, Cucumber, Cheese, Beetroot & Choice of Sauce) $4.50

Hot Chicken Roll
w Mayonnaise $2.50
w Mayonnaise & Cheese $2.80

Pizza
Ham & Pineapple $3.00
Ham & Cheese $3.00

Noodles
Beef $1.50
Chicken $1.50

Spaghetti (Cup) $1.50

Fish Pack & Wedges $5.00
w Noodles, Lettuce, Tomato, Carrot, Cucumber & Beetroot Choice of Tartare, Tomato or BBQ Sauce

Marinated Chicken Wings & Wedges $5.00
w Noodles, Lettuce, Tomato, Carrot, Cucumber, Tomato & Beetroot

Homemade Rissole Salad Burger $5.00
w Lettuce, Carrot, Cucumber, Tomato, Beetroot, Cheese and Choice of Sauce

Homemade Soup (Term 2 & 3 Only)
Pumpkin & Corn w Dinner Roll or Gluten Free Bread $3.50
Vegetable (GF) w Dinner Roll or Gluten Free Bread $3.50

Drinks
Fruit Drink Carton (Flavours Depending on Availability) $1.50
Nippys Milk 250ml chocolate/strawberry $2.50
Nippys Milk 375ml honeycomb $2.50

Continued on next page
Drinks (Continued)

- **Oak Milk 600ml** (flavours depending on availability)  
  $3.50
- **Juice Bottle (100%)** apple, orange or apple-blackcurrant  
  $2.50
- **Water 600ml**  
  $2.00
- **Flavoured Water 350ml** (flavours depending on availability)  
  $2.50
- **Flavoured Water 500ml** (flavours depending on availability)  
  $3.00

Cold Food Available Every Day

**Sandwiches, Rolls & Wraps**

- Bread & Rolls from Bakers Delight
- Gluten Free Bread & Wraps Available - Please Indicate if Required
- Please Indicate On Order If It is To Be Toasted - No Charge

- **Sandwich or Roll w 1 Filling**  
  $2.50

  Filling Choices: Vegemite, Cheese, Ham, Chicken, Lettuce, Tomato, Carrot, Cucumber, Beetroot Pineapple or Tuna

  Each **Extra Filling**  
  Add 50c

- **Salad Wrap**  
  w Chicken, Ham or Tuna  
  $4.50

- **Salad Tub with Ham, Chicken or Tuna**  
  $4.50

- **Salad Only Tub (GF)** Salad consists of: lettuce, tomato, carrot, cucumber, beetroot, sliced cheese & noodles  
  $3.50

- **Tangy Tomato Noodle Tub**  
  Small  
  $2.00

  Large  
  $3.00

- **Fruit Salad Cup (Tinned Fruit) GF**  
  $1.50

- **Fruit Salad Cup (Tinned Fruit) & Ice-Cream GF**  
  **Lunch Only**  
  $2.00

- **Fresh Fruit Cups (Term 1 & 4)**  
  Over the Counter Sales Only - Price Dependent on Fruit in Season

- **Homemade Cake & Muffins**  
  $1.50

- **Red Rock Deli Chips/JJ's/Popcorn**  
  Dependant on Availability  
  $1.20